

**GET UP!**

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# Autobiography in 5 Chapters Poem

## Chapter I

**I walk down the street. There is a deep hole in the sidewalk. I fall in. I am lost ... I am helpless. It isn't my fault. It takes me forever to find a way out.**

## Chapter II

**I walk down the same street. There is a deep hole in the sidewalk. I pretend I don't see it. I fall in again. I can't believe I am in the same place. But it isn't my fault. It still takes a long time to get out.**

## Chapter III

**I walk down the same street. There is a deep hole in the sidewalk. I see it is there. I still fall in ... it's a habit. My eyes are open. I know where I am. It is my fault. I get out immediately.**

## Chapter IV

**I walk down the same street.  
There is a deep hole in the  
sidewalk. I walk around it.**

# Chapter V

**I walk down another street.**

**The system is designed for the results it is getting, If you want different results you will have to redesign the system.**

**Current  
Reality**

**Redesigned System**

**Present System**

**Desired  
Results**

**Unwanted  
Results**







**DESIRED  
RESULTS**

**ONE QUESTION  
WHAT DO YOU  
WANT?**

**Spiritual Life**

**Finances/employment**

**Physical Life**

**Social Life**

**Family Life**

**Emotional Life**



# THE SYSTEM

**Jesus does not ask this sufferer to exercise faith in Him. He simply says, “Rise, take up thy bed, and walk.” But the man’s faith takes hold upon that **WORD**. Every nerve and muscle thrills with new life, and healthful action comes to his **crippled limbs.****

**Without question he sets his will to obey the command of Christ, and all his muscles respond to his will. Springing to his feet, he finds himself an active man. – {DA 202.3}**

**Jesus had given him no assurance of divine help. The man might have stopped to doubt, and lost his one chance of healing. But,**

**I. he believed Christ's word, and in**

**II. acting upon it he received strength.**

**– {DA 203.1}**

**HE MADE A CHOICE  
TO ACT ON JESUS  
WORD**

**What you need to understand is the true force of the will. This is the governing power in the nature of man, the power of decision, or of choice.**



**We make choices and  
eventually the choices  
we make, MAKE US!**

**Everything depends on the right action of  
the will. The power of choice God has  
given to men; it is theirs to exercise. You  
cannot change your heart, you cannot of  
yourself give to God its affections; but  
you can choose to serve Him.**

**At the court of Babylon were gathered representatives from all lands, men of the highest talent, men the most richly endowed with natural gifts,**

**and possessed of the  
broadest culture that the  
world could bestow; yet  
among them all, the  
Hebrew youth were  
without a peer.**

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- The background is a close-up photograph of a brick wall. The bricks are reddish-brown with some darker spots and are set in a light-colored mortar. The lighting is somewhat uneven, with the top left being darker and the bottom right being lighter. At the bottom of the image, there is a solid red horizontal banner.
- 1. In physical strength and beauty,**
  - 2. mental vigor and**
  - 3. literary attainment,**
  - 4. The erect form,**
  - 5. the firm, elastic step,**
  - 6. the fair countenance,**
  - 7. the undimmed senses,**
  - 8. the untainted breath—**

**They stood unrivaled**

The image features a close-up, textured background of a brick wall. The bricks are reddish-brown with visible mortar joints. At the bottom of the image, there is a solid red horizontal bar. Centered over the brick wall is the text "HOW DID THEY DO IT?" in a large, bold, black, sans-serif font.

**HOW DID THEY  
DO IT?**

- 1. They developed good habits.**
- 2. They avoided that which would weaken their powers.**
- 3. They followed the rules of life that could not fail to give them strength of intellect.**
- 4. They sought to acquire knowledge for one purpose--that they might honor God.**

**They had a why?**

**that they might**

**honor God.**



**True success in any line of work is  
not the result of chance or accident  
or destiny.**

**I. It is the outworking of God's  
providences,**

**II. The reward of faith and discretion,  
of virtue and perseverance.**

**It is the result of self-  
discipline, of subjection  
of the lower to the higher  
nature, of the surrender  
of self to the service of  
**God and man.****

**For I know the thoughts that I  
think toward you, saith the  
LORD, thoughts of peace, and  
not of evil, to give you an  
expected end. Jeremiah 29:11**

**I am come that they might  
have life, and that they  
might have it more  
abundantly. John 10:10**

**Through the right exercise of the will, an entire change may be made in your life. By yielding up your will to Christ, you ally yourself with the power that is above all principalities and powers.**

**You will have strength from above to hold you steadfast, and thus through constant surrender to God you will be enabled to live the new life, even the life of faith. {SC 48.1}**

