WE NEED TO TALK PT.3

KYRON WHITTAKER

JOHN 6:65-67

HE WENT ON TO SAY, "THIS IS WHY I TOLD YOU THAT NO ONE CAN COME TO ME UNLESS THE FATHER HAS ENABLED THEM."

66 FROM THIS TIME MANY OF HIS DISCIPLES TURNED BACK AND NO LONGER FOLLOWED HIM.

DO YOU UNDERSTAND THE WORDS THAT ARE COMING OUT OF MY MOUTH

WE NEED TO TALK PART III

FILTER REFERS TO A INDIVIDUAL'S EXPERIENCES, EMOTIONS AND ASSUMPTIONS

COMMUNICATION DETERMINES HOW YOU SAY IT AND THEIR FILTER DETERMINES HOW THEY HEAR IT

IF RELATIONSHIPS ARE GOING TO GET BETTER WE NOT ONLY HAVE TO DO A BETTER JOB TALKING, WE HAVE TO DO A BETTER JOB LISTENING ACTIVELY

JAMES 1:19NIV

19 MY DEAR BROTHERS AND SISTERS, TAKE NOTE OF THIS: **EVERYONE** SHOULD BE QUICK TO **LISTEN**, SLOW TO SPEAK AND SLOW TO BECOME ANGRY, '

ACTIVE LISTENING IS AN ACT OF LOVE AND RESPECT. IT HONORS THE DIGNITY OF THE SPEAKER BY OFFERING UNDIVIDED ATTENTION, SETTING ASIDE PERSONAL JUDGEMENTS AND SEEKING TO NOT ONLY UNDERSTAND THE SPEAKER'S WORDS BUT ALSO THE HEART AND THE INTENT BEHIND THEM

THE ABSENCE OF ACTIVE LISTENING WILL PRODUCE THE PRESENCE OF RELATIONAL CONFLICT WHICH WILL AFFECT THE QUALITY OF YOUR LIFE

QUALITY OF LIFE IS BASE ON THREE THINGS

- PRINCIPLES
- VALUES
- STANDARDS

JOHN 6

- 48 AM THE BREAD OF LIFE.
- 49 YOUR ANCESTORS ATE THE MANNA IN THE WILDERNESS, YET THEY DIED.

BUT HERE IS THE BREAD THAT COMES DOWN FROM HEAVEN, WHICH ANYONE MAY EAT AND NOT DIE.

51 AM THE LIVING BREAD THAT CAME DOWN FROM HEAVEN. WHOEVER EATS THIS BREAD WILL LIVE FOREVER. THIS BREAD IS MY FLESH, WHICH I WILL GIVE FOR THE LIFE OF THE WORLD."

THEN THE JEWS BEGAN TO ARGUE SHARPLY AMONG THEMSELVES, "How can this man GIVE US HIS FLESH TO EAT?"

5 KEYS TO GET BETTER AT LISTENING

FIX THE FILTER

ABOVE ALL ELSE, GUARD YOUR HEART, FOR EVERYTHING YOU DO FLOWS FROM IT.

PROVERBS 4:23 (NIV)

I WILL GIVE YOU A NEW HEART AND PUT A NEW SPIRIT IN YOU; I WILL REMOVE FROM YOU YOUR HEART OF STONE AND GIVE YOU A HEART OF FLESH.

EZEKIEL 36:26 (NIV)

IMPRISON THE IMPULSES

FOOLS GIVE FULL VENT TO THEIR RAGE, BUT THE WISE BRING CALM IN THE END.

PROVERBS 29:11 (NIV)

ARREST THE ARROGANCE

ARROGANCE CREATES A FALSE SENSE OF SELF AND AN INFLATED EGO THAT MAKES IT DIFFICULT TO LISTEN, TO EMPATHIZE AND TO COMPREHEND ANOTHER PERSON'S PERFECTIVE. IT MEANS A PERSON IS ONLY OPEN TO HEARING THAT WHICH DOES NOT THREATEN OR CONTRADICT THE IMAGE OF THEMSELVES THAT THEY CREATED

FOR BY THE GRACE GIVEN ME I SAY TO EVERY ONE OF YOU: DO <u>NOT</u> THINK OF YOURSELF MORE HIGHLY THAN YOU OUGHT, BUT RATHER THINK OF YOURSELF WITH SOBER JUDGMENT, IN ACCORDANCE WITH THE FAITH GOD HAS DISTRIBUTED TO EACH OF YOU.

ROMANS 12:3 (NIV)

PRACTICE PATIENCE

THROUGH PATIENCE A RULER CAN BE PERSUADED, AND A GENTLE TONGUE CAN BREAK A BONE.

PROVERBS 25:15 (NIV)

CONSULT THEIR CREATOR